## Sleep

Knots
My head is tensing up
My head is a big knot
I fall asleep
A mighty power grabs hold of me
so I fall into a deep
and lucid dream

I'm looking down at a grave
I'm lying in a foetal position in the grave in a black dress and black trousers
The grave is rectangular
It is deep. Made of soil. Umbra
On the ground above me people are laughing
throwing rocks and spitting at me

## Arrogance

I'm travelling in a dream
Dreaming away oppression
From the deep, images are absorbed
Replacing reality

I delete imperiousness

I see a grave

On the bottom, I'm lying in a foetal position

I delete arrogance

I am in a grave

Humiliation

Suddenly I travel on
A surge in my body takes me
on a new journey
in a lucid dream state
I travel past cliffs
Henna cliffs plunging
down to the water
A strip of land
bordering on the ocean
upwards
downwards

I am in the cliffs

Balance

A clip A new image An empty fjord The Oslo Fjord devoid of the ocean The moon shines an icy blue - beautifully towards the south

The cliffs resemble a scarf
I recently wove from wild sheep yarn
thin sheep yarn – against the icy blue moonshine
On the bottom of the Oslo Fjord I'm lying in a foetal position
In the same black clothes

I'm on the bottom of a fjord

## Peace

I climb out of the grave on a narrow ladder I see the cliffs and the empty fjord

I see the sunrise